

**BLOCK ROTATION SCHEDULE FOR UIHC-SLEEP MEDICINE FELLOWS**

	Block	1	2	3	4	5	6	7	8	9	10	11	12	13
Year 1	Site	UIHC	UIHC	UIHC	UIHC	UIHC	UIHC	UIHC	UIHC	UIHC	UIHC	UIHC	UIHC	UIHC
	Rotation Name	COC/LAB	COC/LAB	COC/LAB	COC/LAB	COC/LAB	COC/VAC	VAC/ELE	COC/LAB	COC/LA	COC/LAB	COC/LAB	COC/LAB	COC/LAB
	% Outpatient Clinic	50	50	50	50	50	50	50	50	50	50	50	50	50
	% Polysomnogram Interpretation	40	40	40	40	40	40	40	40	40	40	40	40	40
	% Educational Activities	10	10	10	10	10	10	10	10	10	10	10	10	10

**Notes**

Core rotations:

COC  
LAB

Elective rotations:

Pediatric Otolaryngology  
Adult Otolaryngology  
Adult Pulmonary and Neuromuscular  
Cognitive Behavioral Therapy for Insomnia  
Oral Appliances/Dentistry  
*\*Fellows must complete a minimum of 2 and a maximum of 5 elective rotations, with each rotation consisting of four half days.*

Vacation:

15 working days PTO taken individually or in bulk during any block/rotation

<b>Rotation name: COC/LAB</b>	
<b>Activity type</b>	<b>Weekly structured</b>
COC	5 half-days weekly ***
LAB	4 half days weekly ****
Call	Home call from 5 PM to 8 AM, 1 week on, 1 week off alternating
Didactics	Noon - 1 PM on Wed *
Lectures	Noon - 1 PM on Tues and Wed **
Research and Quality Improvement	1 half day weekly
<b>Comments</b>	* Didactics = 3rd Wed/mo. - PSG Case Conference
	** Lectures = Tues - Neuro Grand Rounds; 1st Wed/mo. - Pulmonary/Sleep Conference; all other Wed/mo. - Sleep Medicine Conference
	*** COC = Adult (2.5 half days) and pediatric (2.5 half days) continuity clinic with exposure to CPAP, respiratory assist device (RAD), and hypoglossal nerve stimulation. Myotonic Dystrophy clinic (1 half day monthly).
	**** LAB = Reading routine polysomnograms (PSGs), home sleep apnea tests (HSATs), and multiple sleep latency testing (MSLT)
<b>Rotation name: ELE</b>	
<b>Activity type</b>	<b>Weekly structured</b>
Elective	5 half days weekly ***
LAB	4 half days weekly ****
Research and Quality Improvement	1 half day weekly
Call	Home call from 5 PM to 8 AM, 1 week on, 1 week off alternating
Didactics	Noon - 1 PM on Wed *
Lectures	Noon - 1 PM on Tues and Wed **
<b>Comments</b>	* Didactics = 3rd Wed/mo. - PSG Case Conference
	** Lectures = Tues - Neuro Grand Rounds; 1st Wed/mo. - Pulmonary/Sleep Conference; all other Wed/mo. - Sleep Medicine Conference
	*** Elective descriptions:
	Pediatric Otolaryngology
	Adult Otolaryngology with Hypoglossal nerve stimulation
	Adult Pulmonary and Neuromuscular
	Cognitive Behavioral Therapy for Insomnia
	Oral Appliances/Dentistry
	**** LAB = Reading routine polysomnograms (PSGs), home sleep apnea tests (HSATs), and multiple sleep latency testing (MSLT)

**Rotation Name Key**

COC Adult and Pediatric Outpatient Sleep Clinics  
LAB Polysomnogram Reading Lab  
ELE Elective

**Site Key**

UIHC University of Iowa Health Care